

ITEM	INGREDIENTS	ALLERGENS
Bear Claw	Croissant Dough (Enriched wheat flour, unsalted butter, water, sugar, milk, salt, wheat gluten, xanthan gum (may or may not contain corn), ascorbic acid enzymes), Almonds, Sugar, Butter, Eggs, Unbleached Enriched Wheat Flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Almond Extract, Sour Cream, Buttermilk, Canola Oil, Organic Vanilla, Baking Soda, Sea Salt, Organic Powdered Sugar (sugar, tapioca starch)	Dairy, Corn, Gluten, Nut, Eggs
Biscuits	Unbleached Enriched Wheat Flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Butter, Buttermilk, Sea Salt, Baking Powder (sodium acid pyrophosphate, sodium bicarbonate, non gmo corn starch, monocalcium phosphate)	Gluten, Dairy, Corn
Biscuits, GF Cheddar	Gluten-Free All-Purpose Flour (brown rice flour, tapioca starch, white rice flour, potato starch, sorghum flour, arrowroot starch, guar gum, sweet rice flour, rice bran), Butter, Eggs, Buttermilk, Cheddar Cheese, Sugar, Baking Powder, (sodium acid pyrophosphate, sodium bicarbonate, non gmo corn starch, monocalcium phosphate) Sea Salt	Dairy, Corn
Bread Pudding	Danish Dough: enriched wheat flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, ascorbic acid added as a dough conditioner), water, vegetable margarine, palm oil, soy lecithin, natural flavor, citric acid, color from beta carotene, soy-derived tocopherol (vitamin E), butter, sugar, yeast, whole milk powder, eggs, salt, natural flavor (milk), dough improver (vital wheat gluten, xanthan gum, ascorbic acid enzymes), Eggs, Cream, Milk, Vanilla, Sugar, May contain fruit/dried fruit, nuts, spices, alcohol (such as rum)	Dairy, Corn, Eggs, Soy, Gluten May contain Nuts
Cinnamon Roll	Unbleached Enriched Wheat Flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Butter, Milk, Sugar, Yeast, Eggs, Sea Salt, Brown Sugar, Cinnamon, Organic Powdered Sugar	Gluten, Dairy, Eggs
Croissant	Croissant Dough (Enriched wheat flour, unsalted butter, water, sugar, milk, salt, wheat gluten, xanthan gum, ascorbic acid enzymes)	Dairy, Corn, Gluten
Croissant, Pain au Chocolate	Croissant Dough (Enriched wheat flour, unsalted butter, water, sugar, milk, salt, wheat gluten, xanthan gum, ascorbic acid enzymes), Bittersweet Chocolate (chocolate liquor, potassium carbonate, sugar, cocoa butter, sunflower lecithin)	Dairy, Corn, Gluten
Croissant, Savory	Croissant Dough (Enriched wheat flour, unsalted butter, water, sugar, milk, salt, wheat gluten, xanthan gum, ascorbic acid enzymes). May contain meat, cheese, veggies, spices, etc. Please see sign for current flavor, or call for more information.	Dairy, Corn, Gluten

GF = gluten-free; EDF = egg-free and dairy-free.

Kitchen facility contains gluten, eggs, dairy, coconut, corn, nuts, soy, and other allergens.

ITEM	INGREDIENTS	ALLERGENS
Danish	Danish Dough (enriched wheat flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, ascorbic acid added as a dough conditioner), water, vegetable margarine, palm oil, soy lecithin, natural flavor, citric acid, color from beta carotene, soy-derived tocopherol (vitamin E), butter, sugar, yeast, whole milk powder, eggs, salt, natural flavor (milk), dough improver (vital wheat gluten, xanthan gum, ascorbic acid enzymes)), Cream Cheese, Eggs, Sugar, Organic Vanilla, Organic Powdered Sugar, Water, misc fruit and citrus toppings	Dairy, Eggs, Soy, Gluten, Corn
EDF Cinnamon Rolls	Unbleached Enriched Wheat Flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Canola Oil, Sugar, Cinnamon, Non-GMO Earth Balance (expeller-pressed natural oil blend (palm fruit, canola and olive oils) filtered water, salt, sunflower lecithin, lactic acid (non-dairy, derived from sugar beets) colored with beta-carotene from natural sources), Yeast, Organic Powdered Sugar (sugar, tapioca starch), Sea Salt	Gluten
GF / EDF Coffeecake	Gluten-Free All-Purpose Flour (brown rice flour, tapioca starch, white rice flour, potato starch, sorghum flour, arrowroot starch, guar gum, sweet rice flour, rice bran), Brown Sugar, Canola Oil, Sea Salt, Vinegar, Organic Vanilla, Baking Soda, Applesauce, Walnuts, Non-GMO Earth Balance (expeller-pressed natural oil blend (palm fruit, canola and olive oils) filtered water, salt, sunflower lecithin, lactic acid (non-dairy, derived from sugar beets) colored with beta-carotene from natural sources), Gluten-Free Oats, Cinnamon	Nuts
Granola (GF/EDF)	gluten-free oats, hazelnuts, dried cranberries (evaporated cane juice, sunflower oil), pumpkin seeds, brown rice syrup, brown cane sugar, canola oil, orange oil, salt	Nuts
Monkey Bread (EDF)	Unbleached Enriched Wheat Flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Canola Oil, Sugar, Cinnamon, Non-GMO Earth Balance Margarine (expeller-pressed natural oil blend (palm fruit, canola and olive oils) filtered water, salt, sunflower lecithin, lactic acid (non-dairy, derived from sugar beets) colored with beta-carotene from natural sources), Yeast, Organic Powdered Sugar, Sea Salt, misc fruits Flavors change, may contain nuts.	Gluten; May contain Nuts
Muffins	Sour Cream, Butter, Unbleached Enriched Wheat Flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Eggs, Baking Powder (sodium acid pyrophosphate, sodium bicarbonate, non gmo corn starch, monocalcium phosphate), Baking Soda, Sugar, Vanilla (water, alcohol 35%, organic vanilla bean extractives), Sea Salt May also contain fruits, chocolate, vegetables, seeds, peanut butter and/or other nuts, flavors change daily, please call for more information	Gluten, Dairy, Eggs, Corn; May contain Nuts

GF = gluten-free; EDF = egg-free and dairy-free.

Kitchen facility contains gluten, eggs, dairy, coconut, corn, nuts, soy, and other allergens.

ITEM	INGREDIENTS	ALLERGENS
Orange Morning Bun	Croissant Dough (Enriched wheat flour, unsalted butter, water, sugar, milk, salt, wheat gluten, xanthan gum, ascorbic acid enzymes), Butter, Sugar, Cardamom, Orange Peel	Gluten, Dairy, Corn
Pecan Sticky Bun	Unbleached Enriched Wheat Flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Apples, Butter, Milk, Sugar, Eggs, Yeast, Sea Salt, Brown Sugar, Cream (stabilized (cream, modified food starch from corn, xanthan gum, sodium citrate)), Pecans	Gluten, Dairy, Eggs, Corn, Nuts
Pop Tartlet (GF/EDF)	All Purpose Gluten-free Flour (brown rice flour, tapioca starch, white rice flour, potato starch, sorghum flour, arrowroot starch, guar gum, sweet rice flour, rice bran), fruit compote (berries - raspberry, strawberry, blueberry, lackberry, or a combination of all berries - cornstarch, sugar, arrowroot. flavors change daily	Corn
Quiche	Eggs, Milk, Stabilized Cream (cream, modified food starch from corn, xanthan gum, sodium citrate), Pepper, Sea Salt, Pie Crust (Unbleached Enriched Wheat Flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), butter, sugar, salt) May also contain assorted ingredients such as bacon, cheeses, herbs, spices, veggie patties, vegetables, etc. Please check for current flavors or call for more information.	Gluten, Eggs, Dairy, Corn May contain other ingredients
Quiche, GF	All Purpose Gluten-free Flour (brown rice flour, tapioca starch, white rice flour, potato starch, sorghum flour, arrowroot starch, guar gum, sweet rice flour, rice bran), Eggs, Milk, Stabilized Cream (cream, modified food starch from corn, xanthan gum, sodium citrate), Pepper, Sea Salt, butter, sugar, salt May also contain assorted ingredients such as bacon, cheeses, herbs, spices, veggie patties, vegetables, etc. Please check for current flavors or call for more information.	Dairy, Corn, Eggs May contain other ingredients
Scone	unbleached wheat flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, baking powder (sodium acid pyrophosphate, sodium bicarbonate, non gmo corn starch, monocalcium phosphate), salt, butter, eggs, cream, vanilla (water, alcohol 35%, organic vanilla bean extractives) May also contain fruit, nuts, seeds, chocolate, or other ingredients that change daily. Please ask for more information.	Dairy, Eggs, Gluten, Corn May contain Nuts
Turnover	Danish Dough: enriched wheat flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, ascorbic acid added as a dough conditioner), water, vegetable margarine, palm oil, soy lecithin, natural flavor, citric acid, color from beta carotene, soy-derived tocopherol (vitamin E), butter, sugar, yeast, whole milk powder, eggs, salt, natural flavor (milk), dough improver (vital wheat gluten, xanthan gum, ascorbic acid enzymes), apples	Dairy, Eggs, Gluten, Soy, Corn

GF = gluten-free; EDF = egg-free and dairy-free.

Kitchen facility contains gluten, eggs, dairy, coconut, corn, nuts, soy, and other allergens.

ITEM	INGREDIENTS	ALLERGENS
Wee Bundt Cakes (GF/EDF)	Gluten-Free All-Purpose Flour (brown rice flour, tapioca starch, white rice flour, potato starch, sorghum flour, arrowroot starch, guar gum, sweet rice flour, rice bran), Sorghum Flour, Baking Soda, Sea Salt, Sugar, Vinegar, Canola Oil Varieties change, and may include: apples, walnuts, rum, nutmeg, pecans, chocolate chips, maple, dates, walnuts, lemon coconut, carrots, oranges, lemons, poppy seeds, banana, blueberries, zucchini, pumpkin, or other ingredients. Please see sign for current variety, or call for more information.	May contain Nuts

GF = gluten-free; EDF = egg-free and dairy-free.
Kitchen facility contains gluten, eggs, dairy, coconut, corn, nuts, soy, and other allergens.

ITEM

INGREDIENTS

ALLERGENS

GF Cheddar Biscuit	Morning Pastries (Sweet / Savory)	Gluten-Free All-Purpose Flour, Butter, Eggs, Buttermilk, Cheddar Cheese, Sugar, Baking Powder, Sea Salt	Dairy, Eggs, Corn
--------------------	--------------------------------------	---	-------------------

GF EDF wee bundt- orange with raspberry glaze	Morning Pastries (Sweet / Savory)	Gluten-Free All-Purpose Flour, Sorghum Flour, Baking Soda, Sea Salt, Sugar, Vinegar, Canola Oil, Soy Milk, Orange Oil, Organic Powdered Sugar, Raspberry Compound	Soy
---	--------------------------------------	---	-----

GF Savory Bake	Morning Pastries (Sweet / Savory)	All Purpose Gluten-free Flour, Eggs, Parmesan, Garlic, Canola Oil, Baking Powder, Sea Salt, Mushrooms, Carrots, Spinach, Onion, Herbs (rosemary, Sage, Turmeric, pepper)	Dairy, Corn, Eggs
----------------	--------------------------------------	--	-------------------

Gingerbread Muffins	Morning Pastries (Sweet / Savory)	Unbleached Enriched Molasses, Butter, Egg Sauce, Candied Ginger, Sea Salt, Baking Soda
---------------------	--------------------------------------	--

Monkey Bread (EDF)	Morning Pastries (Sweet / Savory)	Unbleached Enriched Wheat Flour, Canola Oil, Sugar, Cinnamon, Non-GMO Earth Balance Margarine, Yeast, Organic Powdered Sugar, Sea Salt, misc fruits	Gluten
Muffins (Basic Sour Cream)	Morning Pastries (Sweet / Savory)	Sour Cream, Butter, Unbleached Enriched Wheat Flour, Eggs, Baking Powder, Baking Soda, Sugar, Organic Vanilla, Sea Salt	Dairy, Gluten, Eggs, Corn

Orange Morning Buns	Morning Pastries (Sweet / Savory)	Croissant Dough, Butter, Sugar, Cardamom, Orange Peel	Dairy, Corn, Gluten
---------------------	--------------------------------------	---	---------------------

Pain au Chocolat	Morning Pastries (Sweet / Savory)	Croissant Dough,	Dairy, Gluten
------------------	--------------------------------------	------------------	---------------

GF = gluten-free; EDF = egg-free and dairy-free.

Kitchen facility contains gluten, dairy, coconut, corn, nuts, soy, and other allergens.

ITEM

INGREDIENTS

ALLERGENS

Pecan Sticky Bun	Morning Pastries (Sweet / Savory)	Unbleached Enriched Wheat Flour, Apples, Butter, Milk, Sugar, Eggs, Yeast, Sea Salt, Brown Sugar, Cream (stabilized), Pecans	Gluten, Dairy, Eggs, Corn, Nut
------------------	-----------------------------------	--	--------------------------------

Morning Pastries (Sweet / Savory)	Pie Crust, Eggs, Milk, Cream (stabilized), Sea Salt, Pepper, Potato, GF / EDF Veggie "Sausage" Patty, Cheddar Cheese	Dairy, Corn, Eggs, Gluten		
Morning Pastries (Sweet / Savory)	GF/EDF Pie Crust, Eggs, Milk, Cream (stabilized), Pepper, Sea Salt, Cheddar Cheese, Potato, GF / EDF Veggie "Sausage" Patty	Eggs, Dairy, Corn, Soy		
Morning Pastries (Sweet / Savory)	Eggs, Milk, Cream (stabilized), Pepper, Sea Salt, Pie Crust	Dairy, Corn, Eggs, Gluten		
Morning Pastries (Sweet / Savory)	Pie Crust, Eggs, Milk, Cream (stabilized), Pepper, Sea Salt, Bacon Crumbles, Cheddar Cheese, Potato, Spinach	Dairy, Gluten, Eggs, Corn		
Morning Pastries (Sweet / Savory)	GF/EDF Pie Crust, Quiche base, Bacon Crumbles, Cheddar Cheese, Potato, Spinach	Dairy, Corn, Eggs		
Morning Pastries (Sweet / Savory)	Pie Crust, Eggs, Milk, Cream (stabilized), Pepper, Sea Salt, Ham, Red Peppers, Green Chiles, Pepperjack Cheese	Dairy, Gluten, Eggs, Corn		
Morning Pastries (Sweet / Savory)	GF/EDF Pie Crust, Quiche base, Red Peppers, Green Chiles, Ham, Pepperjack Cheese	Dairy, Corn, Eggs		
Morning Pastries (Sweet / Savory)	Pie Crust, Quiche base, Spinach, Chevre, Onion, Mushrooms	Dairy, Corn, Eggs, Gluten		
Morning Pastries (Sweet / Savory)	GF/EDF Pie Crust, Eggs, Milk, Cream (stabilized), Pepper, Sea Salt, Spinach, Mushrooms, Onion, Butter, Chevre	Eggs, Dairy, Corn		
Morning Pastries (Sweet / Savory)	Pie Crust, Eggs, Milk, Cream (stabilized), Pepper, Sea Salt, Ham, Swiss Cheese, Onion, Butter	Dairy, Gluten, Eggs, Corn		
Morning Pastries (Sweet / Savory)	GF/EDF Pie Crust, Quiche base, Ham, Swiss Cheese, Onion	Dairy, Corn, Eggs		
Morning Pastries (Sweet / Savory)	Pie Crust, Quiche base, Red Peppers, Spinach, Feta Cheese	Dairy, Corn, Eggs, Gluten		
Morning Pastries (Sweet / Savory)	GF/EDF Pie Crust, Eggs, Milk, Cream (stabilized), Sea Salt, Pepper, Red Peppers, Spinach, Feta Cheese	Eggs, Dairy, Corn		
Morning Pastries (Sweet / Savory)	Pie Crust, Quiche base, Corn, Red Peppers, Green Chiles, Pepperjack Cheese	Dairy, Corn, Eggs, Gluten		
Morning Pastries (Sweet / Savory)	GF/EDF Pie Crust, Eggs, Milk, Cream (stabilized), Pepper, Sea Salt, Corn, Red Peppers, Green Chiles, Pepperjack Cheese	Eggs, Dairy, Corn		

Power Muffins (EDF)

Morning Pastries (Sweet / Savory)

Whole Wheat Spelt Oats, Walnuts, Flax Orange Juice, Sugar Oil, Sea Salt, Baking

GF = gluten-free; EDF = egg-free and dairy-free.

Kitchen facility contains gluten, eggs, dairy, coconut, corn, nuts, soy, and other allergens.

ITEM		INGREDIENTS	ALLERGENS
Sausage Gravy	Morning Pastries (Sweet / Savory)	Sausage, Unbleached Enriched Wheat Flour, Dehydrated Onion, Garlic, Sea Salt, Pepper, Milk, Water	Gluten, Dairy
Savory Croissant	Morning Pastries (Sweet / Savory)	Croissant Dough (Enriched wheat flour, unsalted butter, water, sugar, milk, salt, wheat gluten, xanthan gum, ascorbic acid enzymes), Various Fillings	Dairy, Corn, Gluten

Turnovers - Apple	Morning Pastries (Sweet / Savory)	Croissant Dough, Unbleached Enriched Wheat Flour, Rice Flour, Corn Starch, Sugar, Apples
-------------------	--------------------------------------	--

Zucchini Muffins	Morning Pastries (Sweet / Savory)	Unbleached Enriched Wheat Flour, Zucchini, Sugar, Eggs, Cinnamon, Baking Powder
------------------	--------------------------------------	---

**GF = gluten-free; EDF = egg-free and dairy-free.
 Kitchen facility contains gluten, eggs, dairy, coconut, corn, nuts, soy, and other allergens.**

ITEM

INGREDIENTS

ALLERGENS

GF = gluten-free; EDF = egg-free and dairy-free.

Kitchen facility contains gluten, eggs, dairy, coconut, corn, nuts, soy, and other allergens.

ITEM

INGREDIENTS

ALLERGENS

GF = gluten-free; EDF = egg-free and dairy-free.

Kitchen facility contains gluten, eggs, dairy, coconut, corn, nuts, soy, and other allergens.

ITEM

INGREDIENTS

ALLERGENS

GF = gluten-free; EDF = egg-free and dairy-free.

Kitchen facility contains gluten, eggs, dairy, coconut, corn, nuts, soy, and other allergens.

ITEM

INGREDIENTS

ALLERGENS

GF = gluten-free; EDF = egg-free and dairy-free.

Kitchen facility contains gluten, eggs, dairy, coconut, corn, nuts, soy, and other allergens.

ITEM

INGREDIENTS

ALLERGENS

GF = gluten-free; EDF = egg-free and dairy-free.

Kitchen facility contains gluten, eggs, dairy, coconut, corn, nuts, soy, and other allergens.